



**Release Form, Limitation of Liability and Consent to use Personal Information**

**Teacher Training Course (TTC), Advanced Teachers Training Course (ATTC),**

**Sadhana Intensive and other courses (“SYVC Course”)**

**Sivananda Yoga Vedanta Centre (“SYVC”) refers to any branch of Sivananda Yoga Vedanta Dhanwantari Ashram Trust (“SYVDA”) or Sivananda Yoga Vedanta Nataraja Society (“SYVNS”)**

I, \_\_\_\_\_, acknowledge that I have enrolled in an SYVC Course at one of the Sivananda Yoga Vedanta Centers of SYVC / SYVDA / SYVNS. I realize that a completion certificate of SYVC courses, other than the Sivananda Teacher Training Course and the Advanced Sivananda Teachers Training Course, is in recognition of training only, and not a statement of certification.

I understand that I may receive a certificate of completion for class hours that I participate in this course.

Release and limitation of Liability

In registering for and participating in any SYVC Course, I hereby express my understanding, acknowledgement and agreement as follows:

- (i) I will be involved in physical activity and, as with any physical activity, there is a risk of injury;
- (ii) While SYVC staff, facilitators and instructors have advised that they make every reasonable effort to minimize exposure to known risks, I have been advised that none of the SYVC staff, facilitators, instructors or volunteers are licensed medical care providers and they have no expertise in determining the effect of any specific program or course on a medical condition;

- (iii) SYVC recommends that, before participating in any SYVC Course, I consult with my physician to ensure that my physical condition permits safe participation in an SYVC Course;
- (iv) By participating in an SYVC Course, I am certifying that my level of physical condition as determined by myself and/or my physician will allow me to safely participate in this program;
- (v) I am participating voluntarily and do so at my own risk;
- (vi) I hereby fully release the SYVC and its officers, directors, agents, staff, employees, facilitators, instructors, volunteers and sponsoring agencies from all claims or lawsuits for any injuries, death, property damage or theft, losses, or any other liability of any kind, arising directly or indirectly out of my participation in an SYVC Course;
- (vii) I understand and agree that, although SYVC endeavors to impart the importance of integrity and ethics in Sivananda Yoga Teachers Training Course, Advanced Yoga Teachers, Sadhana Intensive and other courses they offer, SYVC is not responsible for the actions of those who have taken training in these course;
- (viii) I understand that the name Sivananda Yoga Vedanta Center and Sivananda are trademarked by SYVC, and that I cannot use these words in connection with the title or publicity of yoga courses or classes that I may offer, unless I have written permission from SYVC, although SYVC has advised that it is entirely appropriate for SYVC to be listed in my course bio or resume as a statement of my training;
- (ix) I understand that the content of SYVC Yoga training course and manuals are copyrighted by SYVC and as such are legally the intellectual and physical property of the originator. I agree that I cannot reproduce any of their content in written or verbal form except with the prior written consent of SYVC, and any references to their content must be credited to SYVC with verbal/written reference to [www.sivananda.org](http://www.sivananda.org);
- (x) I understand and agree that I cannot hold, conduct or assist with conducting, any yoga teacher training courses which copy, reproduce or duplicate either the structure or content of the SYVC training course without obtaining prior written consent of SYVC;
- (xi) I acknowledge and agree that this Release Form, Limitation of Liability and Consent to use Personal Information is governed by and construed in accordance with the laws

of India applicable therein, without regard to the principles of conflict of law. This Release Form, Limitation of Liability and Consent to use Personal Information has been drafted in English at my request.

- (xii) I agree that SYVC cannot be held liable for any loss suffered due to an accident, injury or for loss or damage of valuables occurring in the Ashram / Centre. I agree in case of any dispute the courts in India will have jurisdiction to decide the matter.
- (xiii) I recognize that this Release Form, Limitation of Liability and Consent to use Personal Information is a legal contract and that, by reading it carefully, I have complete knowledge of its contents.

#### Photo Release

I hereby give permission to SYVC and its assignees to use at their discretion images captured during the training through photo, digital camera and any other means, but solely for the purposes of promotional material and publications of SYVC, and waive any rights of compensation or ownership thereto.

Check off the box below only if you do **not** want your photos used for any promotional material or publications of SYVC.

**I have read and understood this Release Form, Limitation of Liability and Consent to use Personal Information, I have signed it of my own free will and I am over the age of majority.**

Signature \_\_\_\_\_

Date: \_\_\_\_\_