

TO: THE EXECUTIVE BOARD MEMBERS

Reference is made to the investigation being currently carried on by Marianne Plamondon into allegations of sexual misconducts against me (the "**Investigation**").

By these presents, I the undersigned, hereby voluntarily resigns from all my teaching and administrative duties towards Sivananda Yoga Vedanta Centre, Sivananda Yoga Vedanta Center (Ontario) Inc., and any and all other entities related to the Sivananda Yoga movement based on the spiritual teachings of His Holiness Sri Swami Sivananda (collectively, the "**Corporations**") effective as of the 18th day of February, 2020, up until the conclusion of the Investigation.

Dated as of the 18th day of February, 2020.



Prahlada
(Thamatam Reddy)